

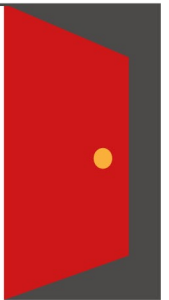


# The Whole Tooth

from Behind the **Big Red Door...**

[www.wrexhamdentist.co.uk](http://www.wrexhamdentist.co.uk)

FEB 2021



## Give it Up for You



So you've over-indulged in pancakes, now it's time for Lent; traditionally a time when we give up an item, bad habit or guilty pleasure. Whilst you may feel that you have been deprived of enough this year and chocolate and wine are your only luxury, you could try giving up something a little less challenging such as poor posture, excessive screen-time or even single-use carrier bags. Just a small sacrifice could improve your well-being and help save the planet.

## Be Part of the Plan

Sign up to one of our Practice Plan memberships at any time where benefits include hygiene sessions, exams, treatment discounts and redundancy cover.



## DIGITAL Smile Day

Dr Debbie Hughes and her Invisalign team are busy planning a very exciting event. We will reveal full details on how to attend our Digital Smile Spring Open Day very soon. So, if you know of someone interested in discreet teeth straightening treatment, ask them to follow us on **Facebook** or **Instagram** so they don't miss out on our big announcement.



## In the Spotlight

Introducing the instantly recognisable beaming face and cheery sound of **Andrea Hughes.**

After 37 years of welcoming people into the practice, Andrea knows everybody's backstory because she takes time to listen. Patients appreciate hearing her familiar voice when she calls to check in on them. 'Some of our patients are lonely and may not speak to anyone for days at a time so it's important that they know we are here and we care'. Andrea has always gone that extra mile, literally, walking Ruabon Road residents' dogs in her lunch break and collecting their pensions from the Post Office in 'the good old days. The neighbours and patients of the practice have become good friends and I feel they are part of my extended family'. Meanwhile with her immediate family, Andrea enjoys watching her beloved Man Utd and WRU. Does Andrea think Wales will win the Six Nations? 'Stranger things have happened this year, so they just might'.



## Respect the rules

For the first time in months, we are seeing a few patients arriving for their appointment without face-coverings. Regardless of whether you have been vaccinated or not, face coverings are compulsory so please continue to respect all social distancing guidelines, so we can keep everyone in our community safe.



## From little Acorns

Before Covid-19, Public Health Wales asked us to pilot a scheme called ACORN to risk assess our NHS patients' oral care. The programme has proven to be invaluable as we can identify adult and child patients with the greatest clinical need. By assessing these patients during Amber Phase, we can ease the pressure and lead-time on check-up appointments when we are advised by Public Health Wales to resume routine care for all. We will be in touch with our 'at risk' category to arrange assessments over the coming weeks.

