

R The Whole Tooth

from Behind the **Big Red Door**...

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Moving On

Dr Jean Jones and **Dr Debbie Hughes** are leaving the practice at the end of September to join private practices in Shropshire and Cheshire respectively. Jean has been treating patients at Ruabon Road for the last 24 years and Debbie since 2014. *"We will miss our patients but know they will be in safe hands in the care of Annie, Anwen, Sam, Sophie and Ciara".* We wish them both all the very best in their next chapters.

Here to Stay

We are thrilled to announce that having completed her foundation year, **Sophie** has joined RRDP as an Associate Dentist. She will continue to treat NHS patients three days a week and will run a private clinic on alternate Fridays, which will include Smileign treatment.



Back to School



The transition from summer holidays to school comes with lots of changes; early mornings, homework, after-school activities, even eating habits change. Here are some tips to ensure your child's dental hygiene is not forgotten when adjusting to the back-to-school routine.

Mornings are hectic so build up a pattern of breakfast and brushing. For the first few weeks until the habit is formed, pop a sticky note reminder on the door to read before leaving the house.

Snacks your child has at school have a big impact their teeth, so avoid sugary treats. Carrot sticks, apples and celery help remove plaque. Strawberries contains malic acid, which could help remove any stains on teeth.

Water after meals and throughout the day is important because it helps remove food from the teeth and will help keep the gums healthy.

After-School snacks are fine, then encourage your child to brush straight after to make sure the food from the school day is cleaned away.

Future Dentists In the Spotlight

Two local dental students have spent their summer working with us to gain insight into a busy practice. It has also been an opportunity for them to observe clinical procedures which are particularly impressive when carried out under Sam's surgical microscope and live-streamed on the tv. Rhiannon heads back to complete her final year in Liverpool whilst Emily will return to Leeds for her 4th year. Practice manager Suzanne says 'The students have thrown themselves in to every task with an excellent work ethic. I hope this invaluable experience has inspired them to keep up the hard work as I have no doubt that they will both be brilliant dentists'.



Referrals

Practices now can send their patients to us for complex private treatment or digital scans via the new referral section of our website <https://www.wrexhamdentist.co.uk/contact-us/referrals.php>. We regularly treat external patients on behalf of other practices, so the webpage feature makes sending images and x-rays quick and easy for the referring dentist with an added security feature to protect patient data.

