

Orange boxes filled with love, ready to send to Romania for children less fortunate than our own. We have donated to shoebox charities for many years and this year we are spreading happiness by contributing to Teams 4 U's Christmas Campaign because, as Founder of Love in a Box Dave Cox says, 'these little boxes tell a child that someone, somewhere cares about them.'

Mouth, Cancer, Action!

This November we are wearing blue lips to support Mouth Cancer Action Month where thousands of amazing people go out into their communities to raise vital funds and share the important message of being mouth-aware.

Over the last year, 8,337 people in the UK were given the lifechanging news that they have mouth cancer. The more we know about this disease, the better chance we have of beating it:-

- Know how to spot mouth cancer early and regularly checking for unusual changes in the mouth.
- Understand what is likely to cause mouth cancer and reducing your risk.
- Act quickly when you see something out of the ordinary by visiting your dentist.

Let's spread the word so we can reduce the number of people whose lives are affected by mouth cancer.

Saturday Surgery

Sam Johnson is one of several emergency dentists working hard throughout the week to provide **OPEN** urgent dental care for our NHS patients. He also runs our Saturday clinic which provides general treatments for existing and new private patients. 'We are restricted on the treatments we can provide our NHS patients, so it is refreshing to be able to offer a broader range of care on a private basis'. As with all dental visits to Ruabon Road, Saturday surgery is strictly by appointment only, following a video or telephone assessment.

In the **Spotlight**

Jayne is a true inspiration to the team, the font of all knowledge and the person we all turn to for help. For medical reasons she is currently working from home whilst shielding but typically she takes it all in her stride, "I was concerned that I would feel alienated working remotely but far from it. I am constantly chatting to patients and colleagues online and often forget that I am actually not with them

Young Adults Plan their Future

We look after our children's teeth for years, so when they take their first steps towards independence, we are keen for them to keep up the good work. It's unlikely that oral hygiene will feature on their list of things to organise when they turn 17, so we have created a bespoke Young Adult's Plan to help them out. The plan is designed to fit their lifestyle, save money, protect their gums and teeth and

hopefully prevent future expensive dental treatment. For just £6 per month they will have access to an annual hygiene appointment, an annual dental examination, unlimited on-line dental consultations and worldwide dental cover. The plan also generates random special discount codes for cosmetic treatments. The monthly pre-payment scheme is available for all young people aged 17 to 23.

until I look down and see

my slippers!"