

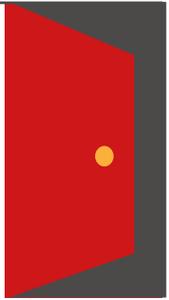


# The Whole Tooth

from Behind the **Big Red Door...**

[www.wrexhamdentist.co.uk](http://www.wrexhamdentist.co.uk)

JUNE 2021



## Together Stronger

Our flags are flying high here at the Practice as we cheer Wales in to the next round of the Euro's.

**'Dewch ymlaen, Cymru!'**



## In the Spotlight

Suzanne

Since joining Ruabon Road in 2016 as Practice Manager, Suzanne Davies has transformed our practice both internally and externally. With a hands-on approach, Suzanne is the ultimate multi-tasker. She is our Problem Solver, Contingency Planner, Number Cruncher, Advisor, Negotiator, Miracle Worker, Fortune Teller, Teacher and Confider. She's also an early-riser, a jet-setter (international travel permitting) and has recently added Grandma to her list of accolades. We have no idea how she manages it all, but she does so, impressively.



## Happy Smiles

It's been a real joy to see the return of children to the practice for their routine examinations and how much they have grown since we last saw them. They have all adapted brilliantly to the new covid-secure surgeries and procedures and their parents deserve a pat on the back for keeping the oral care in such good condition throughout lockdown.

**If your child is aged between 6 and 12 years old and you have not yet been contacted by our Reception team, please call us to arrange their appointment.**



Congratulations to Louise who has this month qualified as a Mental Health First Aider for the practice. Covid-19 has impacted all of our lives, both personally and professionally and we recognise the importance of having a qualified person equipped with the skills and knowledge to support the team and safeguard their mental wellbeing.

## Dreaming of a Peaceful Sleep

Snoring and Obstructive Sleep Apnoea (when a person stops breathing for short periods whilst asleep) can have a profound impact on quality of life, leading to

- Daytime sleepiness
- Reduced energy
- Hypertension

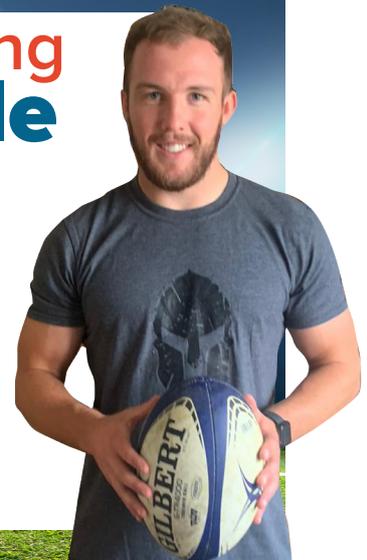
Anti-snoring dental appliances play an effective role in the management of snoring and OSA.

Dr Jean Jones is a Sleepwell approved clinician providing Mandibula Advancement Splint (MAS) therapy at Ruabon Road. The customised splint temporarily repositions the lower jaw and tongue to keep the airways open and prevent vibration (snoring). Book your MAS consultation and give you and your sleeping partner a lifetime of good night sleeps.



## Winning Smile

In this month's **Essentially Yours** magazine, you can read about our patient Efan, a professional rugby player who put his time away from training during lockdown to good use with Invisalign treatment.



Our Evening Cosmetic Clinic will be open on Tuesdays from mid-July, providing our patients with the flexibility to improve their smile after work. Dr Anwen Hooson will be available for consultations and treatments for Smileign, teeth whitening, smile makeover and facial aesthetics. [Click here to book your appointment.](#)



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