



The Whole Tooth

from Behind the **Big Red Door...**

www.wrexhamdentist.co.uk

SEPT 2021



Safe Smiles

September sees the launch of a new charity campaign by the Oral Health Foundation to help people make safer choices when it comes to their dental treatment. Safe Smiles is a response to concerns about the rise in number of quick and cheap dental solutions on the market.

Top Dental Treatment Tips for a Safe Smile

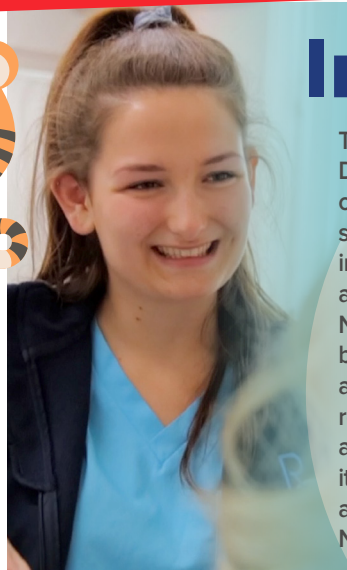
- Always visit a GDC registered dental professional within a dental practice.
- Never try to change the colour, shape or alignment of your teeth at home.
- Avoid following advice from unqualified influencers on social media
- Do not be tempted into DIY home treatments advertised online.
- Products that are trusted, safe and effective will be recommended by your dentist.
- Avoid travelling abroad for treatment. Dental tourism may leave you with added complications and the standards of care often vary.
- If you play sport, have a mouthguard custom-fitted by your dental team.



Name the Tiger



We have rolled out our tooth decay prevention programme 'Tiger Bites' this month. The campaign features our own little tiger to encourage children to fully engage in the scheme. Dental Therapist Beth who is leading the programme says "we are excited about helping children develop the skills they need to take ownership, for example completing food diaries so they can chart sugary foods and make small adjustments to protect their teeth". The only thing we have yet to do is give our Ruabon Road tiger a name, which is where we hand over to you. Send your tiger name suggestions to info@wrexhamdentist.co.uk and we will announce the winner in our next newsletter.



In the Spotlight

Teleri is soon to become the face of Ruabon Road Dental Practice after she kindly agreed to be filmed for our welcome video airing this month on our website and social media channels. After graduating with a degree in Criminology in Summer 2020, Teleri decided to take a completely different direction and train as a Dental Nurse. "Dentistry was not something I'd ever considered before, but I'm really happy I took the plunge". In addition to the intensive in-house training, Teleri is required to pass a series of exams, clinical observations and coursework. "It is hard work but I thoroughly enjoy it". She is now over half-way through her continual assessments, on course to be a fully qualified Dental Nurse by 2022.

Changing Appointments

Asking to change an appointment seems a simple request but with the added complication of decontamination time between treatments it can potentially create empty chair time which is frustrating when we are committed to seeing as many patients as possible. As we invite more of you to book your check-ups, please try to avoid re-arranging your appointment so we can operate as efficiently as possible under the current restrictions.



www.wrexhamdentist.co.uk



01978 364390



info@wrexhamdentist.co.uk